















## Allergen list of Jet2 in-flight meals

Please note, the allergens listed below are for the main course of the in-flight meal only. They do not include the allergens for the extras that are served with each in-flight meal.

Description	Contains Cereal	Contains Crustaceans	Contains Eggs	Contains Fish	Contains Soybeans	Contains Milk	Contains Celery	Contains Sulphites	Contains Peanuts	Contains Nuts	Contains Mustard	Contains Sesame	Contains Molluscs	Contains Lupin	No of Allergens
<b>Hot meals</b>															
All Day Breakfast	Yes	No	Yes	No	Yes	No	No	No	No	No	No	No	No	No	3
Roast Chicken Dinner	Yes	No	No	Yes	No	No	Yes	No	No	No	No	No	No	No	3
Rich Beef Casserole	Yes	No	No	No	Yes	Yes	Yes	Yes	No	No	No	No	No	No	5
Chicken Tikka Masala <small>(all routes excluding Belfast)</small>	No	No	No	No	No	Yes	No	Yes	No	No	No	No	No	No	2
Chicken Tikka Masala <small>(Belfast routes only)</small>	No	No	No	No	No	Yes	No	Yes	No	No	Yes	No	No	No	3
Sausage & Mash	Yes	No	Yes	No	Yes	Yes	Yes	No	No	No	No	No	No	No	5
Penne Bolognese	Yes	No	No	No	No	Yes	Yes	Yes	No	No	No	No	No	No	4
Thai Beef Curry	No	Yes	No	Yes	No	Yes	No	No	No	No	No	No	No	No	3
Piri Piri Chicken	No	No	No	No	No	No	No	No	No	No	No	No	No	No	0
 All Day Vegetarian Breakfast	No	No	Yes	No	Yes	No	No	No	No	No	No	No	No	No	2
 Cheese Tortellini & Mediterranean Vegetables	Yes	No	Yes	No	No	Yes	No	No	No	No	No	No	No	No	3
 Moroccan Vegetable Tagine	Yes	No	No	No	No	No	No	Yes	No	No	No	No	No	No	2
 All Day Vegan Breakfast	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	1
 Vegan Moroccan Vegetable Tagine	Yes	No	No	No	No	No	No	Yes	No	No	No	No	No	No	2
 All Day Gluten Free Breakfast	No	No	Yes	No	No	Yes	No	No	No	No	No	No	No	No	2
 Gluten Free Roast Chicken Dinner	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	1
<b>Kids Meals</b>															
Kids All Day Breakfast	Yes	No	Yes	No	Yes	No	No	No	No	No	No	No	No	No	3
Kids Crispy Chicken Strips	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	1
 Kids Macaroni Cheese	Yes	No	No	No	Yes	Yes	No	No	No	No	No	No	No	No	3
Kids Sausage and Mash	Yes	No	Yes	No	No	Yes	No	No	No	No	No	No	No	No	3
<b>Sandwiches</b>															
Chicken and Bacon Roll	Yes	No	Yes	No	Yes	No	Yes	No	No	No	Yes	No	No	No	5
Tuna Crunch Roll	Yes	No	Yes	Yes	Yes	No	No	No	No	No	No	No	No	No	4
 Cheese Ploughman's Roll	Yes	No	No	No	No	Yes	No	Yes	No	No	No	No	No	No	3
Bacon Baguette	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	1
Ham and Cheese Toastie	Yes	No	No	No	No	Yes	No	No	No	No	No	No	No	No	2
 Vegan Onion Bhaji Mango Wrap <small>(all routes excluding Belfast)</small>	Yes	No	No	No	No	No	No	No	No	No	Yes	No	No	No	2
 Vegan Sandwich <small>(Belfast routes only)</small>	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	1
 Gluten free Peri-peri Falafel Wrap	No	No	No	No	No	No	No	Yes	No	No	No	Yes	No	No	2
 Margherita Pizza Twist <small>(all routes excluding Belfast)</small>	Yes	No	No	No	Yes	Yes	No	No	No	No	May contain	No	No	No	3
Pepperoni Pizza Twist <small>(all routes excluding Belfast)</small>	Yes	No	No	No	Yes	Yes	No	No	No	No	No	No	No	No	3
 Margherita Pizza Twist <small>(Belfast routes only)</small>	Yes	No	No	No	No	Yes	No	No	No	No	No	No	No	No	2
Pepperoni Pizza Twist <small>(Belfast routes only)</small>	Yes	No	No	No	No	Yes	No	No	No	No	No	No	No	No	2

### Key

 Vegetarian  Vegan  Gluten Free

Due to the nature of airline catering with its diversity of different products, allergen cross-contamination may occur during production. Therefore all products may contain traces of peanuts, nuts and their derivatives.

Last updated August 2023. Allergen information is subject to change, always check the meal label before consuming.

### Onboard Catering Service

We're unable to change or remove products that are available to buy onboard due to food allergies (for example, egg allergy). Pre-order meals and sandwiches will be served as normal. We also can't guarantee that other customers won't bring their own products onboard.